FORODWAITH
RHÛN
The Lost Realm of ARNOR
ERIADOR
ARTHEDAIN
CARDOLAN
RHUDAUR
HYTHE
ERED MITHRIN
(Grey Mountains)
Withered Heath
IRON HILLS
Erebor The Lonely Mountain
Esgaroth on the Long Lake
Wood Elves
Carrock
Celduin (River Running)
Carnen (Redwater)
Sea of Rhûn
THE SHIRE
Bree
Buckland
Hobbiton
Brandywine Bridge
Fornost
Weather Hills
Old Forest Road
High Pass
Old Ford
Last Bridge
Bruinen (Loudwater)
Trollshaws
Ettenmoors
Angmar
Carn Dûm
Here was of old the Witch-realm of Angmar
Mount Gundabad
Icebay of Forochel
Himling
ERED LUIN
Gulf of Lhûn
Forlindon
Forland
Mithlond (Grey Havens)
Tower Hills
Harlond
Blue Mountains
Harlindon
Baranduin (Brandywine)
Sarn Ford
Tharbad
MINHIRIATH
ENEDWAITH
Lond Daer
Gwathló (Greyflood)
Ered Nimrais
Dunland
Isengard
FANGORN
ROHAN
The Wold
West Emnet
East Emnet
Fords of Isen
Helm's Deep
Westfold
Eastfold
Angren (Isen)
Adorn
Sarn Gebir
Falls of Rauros
Dagorlad (Battle Plain)
Morannon
ERED LITHUI (Ash Mountains)
Isenmouthe
Plateau of Gorgoroth
MORDOR
NURN
Sea of Nurnen
GONDOR
Pinnath Gelin
Anfalas (Langstrand)
Edhellond
Andrast (Cape Nardol)
Lebennin
Sirithlien
Crossings of Poros
Tolfolas
South Gondor
(now a debatable and desert land)
Harad Road
Harnen
NEAR HARAD
LORIEN
Great River
Anduin
Field of Celebrant
Limlight
Mirkwood
Forest Road
Old Ford
Carrock
Nin-in-Eilph (Swanfleet)
Ered Mithrin
Ettenmoors
Mount Gundabad
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Sirithlien
Crossings of Poros
Tolfolas
South Gondor
(now a debatable and desert land)
Harad Road
Harnen
Near Harad
The Realm of Middle Earth
Miles
50 100 150 200